

Information For the User

Astaxanthin 8mg + L-Arginine 10mg + N-Acetyl-L-Cysteine 600mg + Myo-Inositol 100mg + Magnesium Sulphate 3mg + Zinc Sulphate 0.5mg + Calcium Pantothenate 5mg (FSSAI)

Fertiedge Plus Tablet

Nutritional Supplement Tablet: Composition and Overview

Active Ingredients (Per Tablet):

- **Astaxanthin:** 8 mg
- **L-Arginine:** 10 mg
- **N-Acetyl-L-Cysteine (NAC):** 600 mg
- **Myo-Inositol:** 100 mg
- **Magnesium Sulphate:** 3 mg
- **Zinc Sulphate:** 0.5 mg
- **Calcium Pantothenate:** 5 mg

What is This Supplement?

This tablet is a scientifically formulated blend of antioxidants, amino acids, and essential nutrients. It is designed to promote overall wellness, support metabolic processes, and protect against oxidative stress.

Potential Benefits

1. **Antioxidant Support**
 - **Astaxanthin and N-Acetyl-L-Cysteine:** Powerful antioxidants that protect cells from oxidative stress, reducing inflammation and promoting skin, heart, and immune health.
2. **Cellular and Metabolic Health**
 - **Myo-Inositol and Calcium Pantothenate:** Support cellular signaling and metabolic pathways, particularly beneficial for energy production and hormonal balance.
3. **Cardiovascular Health**
 - **L-Arginine:** Helps improve blood flow and vascular health by promoting nitric oxide production.
4. **Electrolyte Balance and Bone Health**
 - **Magnesium Sulphate:** Supports muscle function, nerve health, and bone strength.

- **Zinc Sulphate:** Enhances immune function and contributes to skin health and wound healing.

5. Stress and Hormonal Regulation

- **Myo-Inositol:** Assists in managing stress, improving mental clarity, and supporting reproductive health.

Dosage and Administration

- **Recommended Dose:** 1 tablet daily, or as directed by a healthcare professional.
- **Administration:** Take with water after a meal for better absorption.

Precautions

- **Consult Your Doctor:**
 - If you are pregnant, nursing, or planning to conceive.
 - If you have a pre-existing medical condition such as kidney disorders or are on medications.
- Avoid exceeding the recommended dosage.
- Discontinue use and consult a healthcare provider if you experience any adverse reactions.

Potential Side Effects

Common:

- Mild gastrointestinal discomfort (e.g., nausea, bloating).

Rare but Serious:

- Allergic reactions (e.g., rash, itching, or swelling).
- Imbalances in electrolytes if combined with other supplements containing similar minerals.

Drug Interactions

- **L-Arginine** may interact with medications for blood pressure or erectile dysfunction.
- **NAC** could affect the efficacy of certain chemotherapy drugs.
- Inform your doctor about all medications and supplements you are taking.

Storage

- Store in a cool, dry place, away from direct sunlight.
- Keep out of reach of children.

Disclaimer: This product is a dietary supplement and not a substitute for a varied diet or medical treatment. Always follow your healthcare provider's advice regarding dosage and use.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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